

2016 TOUR OF THE GREAT SOUTH COAST August 10 – 14 THE COURSE



WEDNESDAY, AUGUST 10: CITY OF MOUNT GAMBIER

STAGE 1: MOUNT GAMBIER

criterium. 30 laps of a 1.2km
CBD circuit, Vansittart Park

Start: 11.00am
Finish: 11.45am(approx.)

DISTANCE: 36kms
SPRINTS: 11
HILL CLIMBS: 0

STAGE 2: MOUNT GAMBIER – BLUE LAKE

Road race. 10 laps of a 6.5km
Blue Lake and Reidy Park primary school circuit

Start: 1.30pm
Finish: 3pm(approx.)

DISTANCE: 65kms
SPRINTS: 4
HILL CLIMBS: 4

THURSDAY, AUGUST 11: DISTRICT COUNCIL OF GRANT

STAGE 3: PORT MACDONNELL

Road race, starting and finishing in Port MacDonnell (via Allendale East, Pelican Point, Carpenter Rocks, Blackfellows Caves, Blue Lake Golf Links, Donovans, Brown Bay, Riddoch Bay, Race Course Bay

Start: 11am
Finish: 2.30pm(approx.)

DISTANCE: 137.6kms
SPRINTS: 6
HILL CLIMBS: 1

FRIDAY, AUGUST 12: WATTLE RANGE-GLENELG SHIRE

STAGE 4: PENOLA

criterium. 30 laps of a 1.3km
circuit at Penola Primary School

Start: 10.30am
Finish: 11.30am(approx.)

DISTANCE: 39 kms
SPRINTS: 11
HILL CLIMBS: 0

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STAGE 5: PENOLA TO CASTERTON

Road race, via Warrawindi, Lake Mundi, Murramindi, Karak on Route C198

Start: 1.00 pm (S.A. time)

Finish: 3.00pm (Vic. time, approx.)

DISTANCE: 64.2kms

SPRINTS: 4

HILL CLIMBS: 0

SATURDAY, AUGUST 13: GLENELG SHIRE

STAGE 6: CAPE BRIDGEWATER

Road race. Four laps of a 29km bushland-lakes circuit, incorporating Bridgewater Lakes, Portland Airport and Cashmore, with the start- finish line at Portland Surf Lifesaving Club.

Start: 12noon

Finish: 3.00pm(approx.)

DISTANCE: 121.4kms

SPRINTS: 8

HILL CLIMBS: 8

SUNDAY, AUGUST 14: GLENELG SHIRE

STAGE 7: PORTLAND

criterium. 30 laps of a1.6km town & waterfront circuit

Start: 12.30pm

Finish: 1.45pm (approx.)

DISTANCE: 48kms

SPRINTS: 11

HILL CLIMBS: 0

TOTAL DISTANCE: 511.2kms

TOTAL NUMBER OF SPRINTS: 55

TOTAL NUMBER OF HILL CLIMBS: 13