**PROPOSED COURSE**

**WEDNESDAY, AUGUST 10: CITY OF MOUNT GAMBIER**

**STAGE 1: MOUNT GAMBIER**

Criterium. 30 laps of a 1.2km **Start:** 11.00am

CBD circuit, Vansittart Park **Finish:** 11.45am(approx.)

**DISTANCE:** 36kms

**SPRINTS:** 11

**HILL CLIMBS:** 0

**STAGE 2: MOUNT GAMBIER – BLUE LAKE**

Road race. 10 laps of a 6.5km **Start:** 1.30pm

Blue Lake and Reidy Park primary school circuit **Finish:** 3pm(approx.)

**DISTANCE:** 65kms

**SPRINTS:** 4

**HILL CLIMBS:** 4

**THURSDAY, AUGUST 11: DISTRICT COUNCIL OF GRANT**

**STAGE 3: PORT MACDONNELL**

Road race, starting and finishing in Port MacDonnell ( via Allendale East, Pelican Point, Carpenter Rocks, Blackfellows Caves, Blue Lake Golf Links,Donovans, Brown Bay, Riddoch Bay, Race Course Bay

 **Start:** 11am

 **Finish:** 2.30pm(approx.)

**DISTANCE:** 137.6kms

**SPRINTS:** 6

**HILL CLIMBS:** 1

**FRIDAY, AUGUST 12: WATTLE RANGE-GLENELG SHIRE**

**STAGE 4: PENOLA**

Criterium. 30 laps of a 1.3km **Start:** 10.30am

circuit at Penola Primary School **Finish:** 11.30am(approx.)

**DISTANCE:** 39 kms

**SPRINTS:** 11

**HILL CLIMBS:** 0

**STAGE 5: PENOLA TO CASTERTON**

Road race, via Warrawindi, Lake Mundi, Murramindi, Karak on Route C198 **Start:** 1.00 pm (S.A. time)

 **Finish:** 3.00pm (Vic. time, approx.)

**DISTANCE:** 64.2kms

**SPRINTS:** 4

**HILL CLIMBS:** 0

**SATURDAY, AUGUST 13: GLENELG SHIRE**

**STAGE 6: CAPE BRIDGEWATER**

Road race. Four laps of a 29km bushland-lakes circuit, incorporating Bridgewater Lakes, Portland Airport and Cashmore, with the start- finish line at Portland Surf Lifesaving Club. **Start:** 12noon

 **Finish:** 3.00pm(approx.)

**DISTANCE:** 121.4kms

**SPRINTS:** 8

**HILL CLIMBS:** 8

**SUNDAY, AUGUST 14: GLENELG SHIRE**

**STAGE 7: PORTLAND**

Criterium. 30 laps of a1.6km town & **Start:** 12.30pm

waterfront circuit **Finish:** 1.45pm (approx.)

**DISTANCE:** 48kms

**SPRINTS:** 11

**HILL CLIMBS:** 0

**TOTAL DISTANCE: 511.2kms
TOTAL NUMBER OF SPRINTS: 55**

**TOTAL NUMBER OF HILL CLIMBS: 13**