# GMHBA Tour of Geelong

AUGUST 12 – 16, 2009

## PROPOSED COURSE

(As at July 24, 2009)

**WEDNESDAY, AUGUST 12:**

**STAGE 1:** **NORTH SHORE** — Start: 10.30 a.m.
**Criterium** — Finish: 11.30 a.m.
30 laps of a 1.6km school circuit, starting & finishing at Sports Club
**DISTANCE:** 48kms
**SPRINTS:** 11
**HILL CLIMBS:** 0

**STAGE 2:** **LARA to YOU YANGS** — Start: 2.00 p.m.
**Road Race** — Finish: 4.00 p.m.
Via Serendip, Little River, Mt. Anakie, Staughton Vale, Anakie, Serendip
**DISTANCE:** 79.6kms
**SPRINTS:** 5
**HILL CLIMBS:** 3

**THURSDAY, AUGUST 13:**

**STAGE 3:** **ANAKIE** — Start: 11.00 a.m.
**Road Race** — Finish: 2.30 p.m.
Three laps of a 47.7km town and rural circuit via Brisbane Ranges, Durdidwarrah, Stoney Creek, Meredith, Steiglitz.
**DISTANCE:** 143.1kms
**SPRINTS:** 11
**HILL CLIMBS:** 12

**FRIDAY, AUGUST 14:**

**STAGE 4:** **GNARWARRE to CERES** — Start: 10.00 a.m. (women)
**Individual Time Trial** — 11.30 a.m. (men)
*(incorporating Victorian Open Championship)* — Finish: 2.30 p.m.
Gnarwarre and Barrabool Roads course
**DISTANCE:** 28.2kms
**SPRINTS:** 0
**HILL CLIMBS:** 0

**SATURDAY, AUGUST 15:**

**STAGE 5:** **GEELONG** Start: 1.45 p.m. (women)
**Criterium** 3.00 p.m. (men)
*(incorporating Victorian Open Championship)* Finish: 4.00 p.m.
Eastern Gardens –
20 laps of a 2.3km circuit (men), 15 laps (women)

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| **DISTANCE:** | 46kms | (men) |
| | 34.5kms | (women) |
| **SPRINTS:** | 9 | (men) |
| | 6 | (women) |
| **HILL CLIMBS**: | 0 | |

**SUNDAY, AUGUST 16:**

**STAGE 6:** **PORTARLINGTON** Start: 8.00 a.m. (women)
**Road Race** 11.15 a.m. (men)
*(incorporating Victorian Open Road Championship)* Finish: 3.00 p.m.
13 laps of an 11.7km town and waterfront
Circuit (men), 8 laps (women)

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| **DISTANCE:** | 152.1kms | (men) |
| | 93.6kms | (women) |
| **SPRINTS:** | 12 | (men) |
| | 7 | (women) |
| **HILL CLIMBS:** | 12 | (men) |
| | 7 | (women) |

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| **TOTAL TOUR DISTANCE:** | **497kms** |
| **TOTAL NUMBER OF SPRINTS:** | **48** |
| **TOTAL NUMBER OF HILL CLIMBS:** | **27** |